**Male\* Support Worker in Bury St Edmunds**

**£12.00 per hour**

**Full-time, part-time, flexible hours, over-time opportunities**

**Day and waking night shifts**

**Job reference: 4846**

**Job description**

Listed below are the details and the purpose of the job, and what tasks are involved. It is important and advisable to refer to this when submitting your application for the post.

**About me and the role**

I live in my own home and need support with personal care, activities, preparing meals and housekeeping.

I am looking for a trusted companion to support me to improve my confidence, independence, communication, and general wellbeing while keeping me safe and helping me to enjoy life.

I like visiting country parks and cafes, puzzles, and movies, and see my family regularly.

We are looking for a positive, supportive, and proactive individual ideally with some experience of caring but will consider other candidates with transferrable skills. Full training will be given through shadowing existing team members.

The successful candidate will be employed by my sister as my budget holder and care manager and will become part of a team working in a pleasant and relaxed environment.

**Tasks and duties**

**Food and drink**

* Preparation of meals / snacks
* Working with the client to prepare his own drinks and meals where possible

**Managing personal hygiene**

* Maintain personal care routines including support with washing, changing clothes, shaving and brushing teeth
* Support with personal healthcare appointments as needed

**Interests and community access**

* Support to explore different interests both inside and outside the home.
* Support to access the local community to enjoy preferred activities

**Maintaining the home**

* Support to ensure the clients home and garden is kept clean and tidy.
* Encourage the client to engage in simple household activities to build confidence in this area

**General**

* Develop and maintain routines that the client is comfortable with including day, and night routines.
* Follow the client care plan and direction from the team leader.
* Gently encourage communication through relationship building

**Person specification**

Listed below are the skills, competencies and qualities that are essential and desirable for the post.

**Essential**

* Male due to personal care (\*Schedule 9, P1 of the Equality Act 2010 applies)
* Kind, empathetic, and supportive nature
* Trustworthy and reliable
* Ability to work without supervision
* Able to communicate effectively in English
* Able to work around smoking (outside only)

**Desirable**

* Previous experience in a similar role
* Experience with autism

**Days and times of work**

The client needs 24-hour support and 9.5 hours of 2:1 care and is supported by a small team to promote relationship building.

Shifts available are;

• 9-hour day shift: 8am – 5pm

• 11.25 hour waking night shift: 8pm – 7.15am

(Some flexibility around hours possible if needed)

Shifts are agreed with the team leader and generally will rotate depending on team needs / preferences. There is likely to be opportunity to occasionally work more hours if desired.

**Terms and conditions**

* The Annual holiday entitlement will be equivalent to the work which would normally be done during 5.6 consecutive weeks.

**The post is subject to the following**

* A satisfactory enhanced Disclosure & Barring Service (DBS) check, the cost of which will be covered by the employer.
* Satisfactory references from two referees are preferrable but not essential.
* Completion of a satisfactory probationary period of 6 months.

**How to apply**

If you wish to apply for this position, please send your CV and a covering letter to SIL. **Please apply ASAP as the vacancy will close as soon as we meet a suitable candidate.**

Or you can complete an online application here: [https://www.suffolkindependentliving.org.uk/application-form-1](about:blank)

**Please ensure you use the reference 4846**

**Telephone**: 01473 603876

**Email**: [suffolk@silmail.org](mailto:suffolk@silmail.org)

**Post - Address**:

Suffolk Independent Living, IP City Centre, Unit 9, 1 Bath Street,

Ipswich, Suffolk, IP2 8SD.