



Personal Assistant Forum

Being a personal assistant can feel like a lonely role. You may be the only person who works for your employer, and as you are based at your employer's home, you won't have work colleagues to talk to. We are setting up a forum specifically for personal assistants. It will be your forum - for you to ask your peers about any and all elements of being a personal assistant, discuss relevant issues and simply feel reassured that you are not the only person in this type of work.

As we are at the beginning of setting up the forum we would like to know what you would like included. As well as networking we could also provide training and information sessions or book relevant speakers on topics of interest. We will help facilitate these forums for **YOU**, covering the topics **YOU** feel are important.

The forum meetings will be facilitated by **Matt Farrants**. Matt is an individual employer himself and a trainer with experience of both delivering and receiving support. Matt has worked with P.A's over a number of years and really sees the value in a forum where P.A's have the opportunity to get together and build a professional space for their development. The peer to peer support, and the chance to get together for a cuppa, is something P.A's have been looking for, for some time now. This forum is just the opportunity which people have spoken about, so if any part of the content of this leaflet applies to you, please do come along.

Details of the first meeting are below
If you would like to come along please contact
Karen Perridge on 01449 720400 or email
karen.perridge@suffolkbrokerage.co.uk



Wednesday 6th of May, 2:00pm
Red Gables Community Hub,
Ipswich Rd, Stowmarket, IP14 1BE
(Plenty of parking available)